

## **Speaker Inquiry Form**

| Company Name:    | Date:       |  |
|------------------|-------------|--|
| Contact Person:  | Department: |  |
| Company Address: |             |  |
| Phone:           | Email:      |  |

## **Nutrition Lecture Topics**

The following is a list of topics which can be tailored for a 1 hour presentation, up to a full day lecture. Sharon is skilled at customizing her talks to meet your group's specific needs. These are some examples of previous talks.

- \_\_\_\_\_ 10 Habits Of Highly Effective Losers (Weight)
- \_\_\_\_ Diabetes Is Preventable And Reversible!
- \_\_\_\_\_ Fighting Fat After 40
- \_\_\_\_ Jump Start Your Metabolism
- \_\_\_\_ Inflammation: The Silent Killer!
- \_\_\_\_ Energy-Boosting And Stress Reducing Diet
- \_\_\_\_\_ Fitness: Eating For Peak Performance

- \_\_\_\_\_ Super Foods For Healthful Living
- \_\_\_\_ Nutrition Myths Busted
- \_\_\_\_ Cancer Prevention: What We Know So Far
- \_\_\_\_ Dining Out the Healthy Way
- \_\_\_\_ Cooking On A Budget
- \_\_\_\_\_ Simple Steps To Lower Blood Pressure
- \_\_\_\_\_ Finding Balance In A Busy World

Please fax (1-877-500-2395) or email (shawks@nutrition-diabetes.com) this request form and a member of our staff will contact you within 2 business days.

Thank you for your interest. We look forward to working with you.